



## Highlights

### Terrorist attack

Team Nellis salutes the U.S.S. Cole. See Page 2.

### Women's memorial

Women in Military Service for America Memorial celebrates its third anniversary. See Page 6.

### 25 years: Red Flag

Since its first mission, Red Flag has made many changes. See Page 10.

### Heroic airman

Airman 1st Class William Pitsenbarger becomes the second Air Force enlisted person to receive the Medal of Honor. See Page 11.

### 99th Trans

The squadron has more than mechanics and car washers -- they keep the Nellis vehicle fleet running. See Page 16.



Photo by Staff Sgt. Jim Bianchi

**Airman 1st Class Chris Johnson, 366th Wing, Mountain Home Air Force Base, Idaho, works on an F-15C as part of the regular maintenance to keep the aircraft combat ready. The 366th Wing is deployed here as part of a composite force that includes AWACS, RC-135s, B-1Bs, F-117s, C-130s and Navy EA-6Bs.**

## Red Flag: Mountain Home leads the way

By TSgt. Renee Nelson  
366th Wing Public Affairs

Members of the 366th Wing from Mountain Home Air Force Base, Idaho, began competing as the lead wing in Red Flag 01-1 with the first early morning flights here Monday.

With the 366th Wing warriors, Red Flag 01-1 incorporates two new initiatives used in the Red Flag hosted by Mountain Home last year: stealth integration and an expeditionary operations center. For Red Flag 01-1, this meant receiving the air expeditionary forces from Mountain Home and incorporating more late night/early morning flying missions.

"This is the first time we've incorporated the F-117 as well as the Air Expeditionary Force deployment methods into a Red Flag

here," said Lt. Col. Jim Odell, 414th CTS assistant director of operations. "This gives us a chance to train together as we would fight -- at night."

Hosted by the 414th Combat Training Squadron here, Red Flag is a realistic composite combat training exercise that pits blue forces, comprised of deployed aircraft and personnel, against red forces who simulate the enemy threat.

"Red Flag gives us the chance to work with other aircraft, such as the RC-135, AWACS (Airborne Warning and Control System) and EC-130," said Capt. Roy Fatur, B-1B weapons systems officer with the 34th Bomb Squadron from Mountain Home. "This is one of the only opportunities we get to fly with them in peacetime."

The 44 deployed aircraft --

F-15Cs, F-15Es, F-16s, KC-135s and B-1Bs -- and about 825 members of the 366th Wing, join forces with other deployed units at Nellis to create the exercise's blue forces.

Other aircraft taking part as blue forces are F-117s assigned to 49th Wing, Holloman Air Force Base, N.M.; EC-130Hs assigned to 355th Wing, Davis Monthan Air Force Base, Ariz.; E-3Bs assigned to the 552nd Air Control Wing, Tinker Air Force Base, Okla.; an RC-135V assigned to the 55th Wing, Offutt Air Force Base, Neb.; KC-135s assigned to Fairchild Air Force Base, Wash.; and EA-6Bs assigned to the U.S. Navy located on Andrews Air Force Base, Md.; and the U.S. Marine Corps at Cherry Point Naval Air Station, N.C.

As blue forces commander, Brig.

**See Flag on Page 3**



# Remembering those fallen sailors: their sacrifice will not be forgotten

**Petty Officer 3rd Class**  
**Kenneth E. Clodfelter,**  
Mechanicsville, Va.

**Petty Officer 1st Class**  
**Richard Costelow,**  
Morrisville, Pa.

**Seaman Lakeina M.**  
**Francis,** Woodleaf, N.C.

**Seaman Timothy L. Gauna,**  
Rice, Texas

**Seaman Recruit Cherone L.**  
**Gunn,** Rex, Ga.

**Seaman James R.**  
**McDaniels,** Norfolk, Va.

**Petty Officer 1st Class Marc**  
**I. Nieto,** Fond Du Lac, Wis.

**Petty Officer 3rd Class**  
**Ronald S. Owens,** Vero  
Beach, Fla.

**Seaman Recruit Lakiba N.**  
**Palmer,** San Diego, Calif.



U.S.S. Cole

Team Nellis sends our condolences and prayers to the family members of the 17 sailors who died in a terrorist attack on the U.S.S. Cole in Aden, Yemen, Oct. 12. They have made the ultimate sacrifice for our country—their lives. Our prayers and thoughts also go out to those injured for a speedy and full recovery. To the men and women of the U.S.S. Cole—return to the sea soon.



**Fireman Joshua L.**  
**Parlett,** Churchville, Md.

**Fireman Apprentice**  
**Patrick H. Roy,** Cornwall  
on Hudson, N.Y.

**Petty Officer 2nd Class**  
**Kevin S. Rux,** Portland,  
N.D.

**Petty Officer 3rd Class**  
**Ronchester M. Santiago,**  
Kingsville, Texas

**Petty Officer 3rd Class**  
**Timothy L. Saunders,**  
Ringold, Va.

**Fireman Gary G.**  
**Swenchonis, Jr.,** Rockport,  
Texas

**Ensign Andrew Triplett,**  
Macon, Miss.

**Seaman Apprentice Craig**  
**B. Wibberley,** Williamsport,  
Md.

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Editorial content is edited, prepared and provided by the Air Warfare Center Public Affairs Office.

The deadline for article submissions to the Bullseye is Thursday prior to the following week's publication. Articles must be typed and double spaced. Also include a name and a phone number of a person to contact should questions arise. Stories should be submitted directly to the Bullseye Office in Bldg. 620, or call 652-5814. Stories can be mailed to AWFC/PAI, Nellis AFB, NV 89151-5000. Submissions may also be sent via email at [bullseye10@earthlink.net](mailto:bullseye10@earthlink.net)

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# NACTS provides real-time and 3-D images

**By Tech. Sgt. Renee Nelson**  
**366th Wing Public Affairs**

For 25 years, the Red Flag program served as an arena for testing combat skills and initiatives. One such development is the Nellis Air Combat Training System.

NACTS not only tracks aircraft in high-activity mode, but also transmits a real-time and recordable 3-D image back to Nellis. It provides Red Flag officials, referees and aircrews detailed information through a visual display of each mission.

"When we're out flying, we (pilots) receive a lot of input through our ears – between you and the plane, you and your wingman, you and other aircraft, and other information like threat data tones," said Capt. George Stone, 34th Bomb Squadron B-1B weapons systems officer. "You try to create a 3-D picture from that and from your navigation equipment – where you are and where the bad guys are."

"At the end of the mission you have an idea of how you did, where you were and what happened," said Stone. "Then (through the NACTS debriefing) you're getting the exact picture. You can actually see whether your information was good, bad, or really bad."

NACTS is operated and managed under contract by Cubic Worldwide Technical Services, Inc.

"It incorporates a datalink that gives us all the aircraft parameters, the exact position in space, and what they're doing," said Mr. Jim Davenport, Nellis NACTS range manager. "We take the datalink inputs, shuffle them together like a deck of cards, and display them in order on a screen like a giant video game."

Nellis is the only location with this particular system which has been operational here for just over a year. The system includes 170 P-4N pods that attach to aircraft like an AIM-9 missile.

"When there's a major exercise, we can still pod all of the aircraft involved," said Mr. Davenport.

*Flag*

## Flag continued from Page 1

Gen. Robin Scott, 366th Wing commander, addressed aircrew members in an auditorium with standing room only Oct. 13.

"The only way you're going to succeed is through a total team effort," said Gen. Scott. "Break down the walls and bring down the shields. Learn from each other today, so we can violently execute our mission tomorrow."

The blue forces' mission is to attack targets such as mock airfields, vehicle convoys, tanks, parked aircraft, bunkered defensive positions and missile sites located on the Air Force range.

"The range here offers more realistic targets and threats without the limitations of smaller ranges," said Capt. George Stone, 34th Bomb Squadron B-1 navigator.



File photo

**Nellis Air Combat Training System tracks aircraft in high-activity mode, but also transmits a real-time and recordable 3-D image to remote sites.**

enport. Lockheed-Martin Corporation loads pods for the system.

Mr. Davenport said the pods can be loaded on any U.S. fighter or NATO aircraft, and they have also been used for other aircraft including MiG-29s and helicopters.

"Each pod contains a GPS (Global Positioning System) receiver that makes it extremely accurate – tracking within inches aircraft moving at several hundred miles per hour,"

said Mr. Davenport.

NACTS is the third generation of a system first used in the 1970s. Its performance is at 98 percent accuracy.

"The second-generation system, the RFMDS (Red Flag Mission Debriefing System), was 36-aircraft capable," said Mr. Davenport. "This is the latest generation, and it can track 100 aircraft in the high-activity mode simultaneously."

In all, the southern Nevada range covers 3 million acres of land, 12,000 square miles of airspace stretching from near the border of California to across the border of Utah. It offers 1,400 bombable targets and dozens of realistic antiaircraft gun and missile systems as well as communication jamming equipment.

The range offers unmatched training flexibility, according to Maj. Jason "Sluggo" Altchek, Red Flag deputy director for current operations.

"The range is like a blank slate," said Maj. Altchek. "It can be tailored or made to look like any area around the world."

The red force threats also include an opposing enemy air force composed of Red Flag Adversary Tactics Division pilots.

These "aggressor" pilots fly the F-16C and

are specially trained to replicate the tactics and techniques of potential adversaries. Their objectives during Red Flag are to attack the blue forces and prevent penetration in the target area.

"We are the flying arm of Red Flag," said Lt. Col. Craig "Mole" Underhill, director of operations for the only existing aggressor unit in the Air Force. "Red Flag's mission is to train our folks to go to war. We work toward getting pilots safely through their first 10 combat sorties – statistically the most dangerous for new pilots."

Since 1975, the program has grown to 25 times its original size in staff, buildings, aircraft, and personnel trained annually. Previous Red Flag exercises have included training joint and composite forces from all services and 23 other countries, totaling more than 400,000 personnel.



## Action Line

[commander.action@nellis.af.mil](mailto:commander.action@nellis.af.mil)

**652-4636**



**Col. Del Eulberg 99th Air Base Wing commander**

Nellis' Action Line is your direct line to the 99th Air Base Wing commander, Col. Del Eulberg. If you have worked through normal channels and are not satisfied

with the answer, the Action Line is your opportunity to ask questions or make suggestions about the subjects of concern to the Nellis community.

Please leave your name and phone number in case more specific information is required. You may also use our e-mail at: [commander.action@nellis.af.mil](mailto:commander.action@nellis.af.mil). Action Lines of general interest will be published in the Bullseye; others will be answered by phone. Remember, the quickest and most efficient way to solve a problem is to talk directly to the office that is responsible. This gives them a chance to help you and perhaps improve the process.

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Child Development Center I - 652-4241

# Women's memorial celebrates 3rd anniversary

By 2nd Lt. Sarah McGuane  
11th Wing Public Affairs

WASHINGTON (AFPN) — Hundreds of friends and families gathered at the Women in Military Service for America Memorial to celebrate its third anniversary Sunday.

After the presentation of the colors, an invocation and a moment of silence for the U.S.S. Cole victims, several gifts were presented to the memorial.

It seemed as if this year's anniversary theme could easily have been, "Service together and friends forever" because this sentiment was echoed and affirmed by many of the event's special guest speakers and presenters.

Among the presenters was retired Air Force Lt. Col. Cynthia Scott-Johnson, artist of a painting titled "Athena," who presented the canvas to the memorial foundation for permanent display. "Athena, goddess of wisdom and war, is appropriate to be watching over the souls of the men and women who have served in the military," she said.

Navy Lt. Cmdr. Susan Kilrain, an astronaut, presented a shuttle mission display to the memorial.

"I am lucky to have been born in this time. Just in the nick of time, doors opened before me," Lt. Cmdr. Kilrain said. She presented a collage featuring a pin from the Women in Military Service for America Memorial and an American flag that had been flown on a space mission with the first woman commander of the space shuttle, Air Force Col. Eileen Collins.



Photo by 2nd Lt. Sarah McGuane

**At the Women in Military Service to America Memorial's third anniversary celebration Sunday at Arlington National Cemetery, retired Air Force Brig. Gen. Wilma Vaught (left), helps Navy Lt. Comdr. Susan Kilrain unveil the Shuttle Mission Display collage.**

"The pin flew to 150 nautical miles, 18,000 kilometers per hour, 80 earth orbits ... it was an honor to carry it with me," Col. Collins said on the inscription below the collage.

"It is very nice to be able to come here, and it's an honor to be here with a lot of the women here who were pioneers," said retired Army Nurse Corps Brig. Gen. Diann Hale O'Connor. "What they did for us, and the groundwork they laid will not be repeated. It can never be duplicated."



# New programs will improve leadership

RAMSTEIN AIR BASE, Germany (USAFENS) — The retired general now in charge of improving the Air Force's leadership development practices says the service is about two years away from implementing any changes to the way it develops its leaders.

Institutionalizing new leadership programs resulting from Air Force Chief of Staff Gen. Michael Ryan's plan to prepare aerospace leaders for tomorrow's challenges are considered long-term goals, said retired Air Force Maj. Gen. Charles Link, director of the Developing Aerospace Leaders Program in Washington, D.C.

Gen. Link, who briefed senior leaders during the U.S. Air Forces in Europe Fall Commanders' Conference held here Sept. 27 through 29, said that on a short-term basis, the DAL program looks at all aspects of leadership from how people are brought into the service to how they are trained and educated.

"Our job is to identify any discontinuities and to suggest policy changes that would bring these programs into alignment with the long-term DAL objec-

tives," he added.

The upcoming changes aren't a fix for a current professional leadership education system that's failing, Gen. Link said.

"You have to look at the performance of our Air Force. We're asked to do some fairly difficult things. So you could never make the case that our leadership development practices are broke," he said.

"Remember, what's really de-

the challenge for his 17-person staff is to develop leadership programs for airmen of all ranks. The DAL program will eventually review the total force.

"There is a perception that our efforts are focused on the officer force. This is much a function of scheduling priorities as anything else," he said.

"It would have been very difficult for us, as a program office, to insti-

The office has already begun soliciting the views of the enlisted force on officer leadership. The 40-year Air Force veteran expects that what his office is doing will eventually apply to the enlisted review.

Gen. Link warns that precautions must be taken before all aspects of the DAL program can come together.

"One of the first things we want to do is to make sure we do no harm. It's always possible, when you're conducting this kind of review, to believe that you really understand something, implement change, only to find out later that there were unintended consequences," he said.

Although specific programs are not yet developed because of the continuing review process, Gen. Link expects that future recommendations will be implemented for the better.

"By providing everyone with clearly defined leadership development paths, we're certain the Air Force will continue developing new ways of carrying out its business," he said. "The Air Force, as an institution, will fulfill its responsibility of making sure we have properly developed leaders for the next 20 to 25 years."

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***"Remember, what's really defined our Air Force for the last 53 years is how rapidly we change and adapt to new requirements,"***

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**Retired Maj. Gen. Charles Link**  
**director of the Developing Aerospace Leaders Program**

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fining our Air Force for the last 53 years is how rapidly we change and adapt to new requirements," he said. "I think this is what DAL is all about - innovation and transformation. Making sure we're keeping up to speed."

Although there is a widely-held belief that the DAL program is specifically targeting officers, Link says

tute a simultaneous review of the officer force, the enlisted force, the civilian force and the Guard and Reserve," he said. "We began with the officers because that's where leadership is centered in the Air Force, and we think we will learn things in this review that will help us conduct our other reviews more efficiently," he added.



# 25 years: Red Flag trains to fight

By Tech. Sgt. Gayle Barajas  
AWFC Public Affairs

Red Flag held its first exercise Nov. 29 through Dec. 25, 1975.

Many changes have occurred since then.

Today, the F-117 stealth fighter and the B-2 bomber are flying alongside other aircraft in the current exercise which runs through Nov. 10.

In addition to the added air power, Red Flag is incorporating new command concepts.

"We are integrating Air Operations Center/Expeditionary Operations Center concepts into our flag scenarios," said Col. Michael Droz, 414th Combat Training Squadron commander. "Combat search and rescue is also integrated into our operations."

Although Red Flag is changing to meet current Air Force needs, it still provides aircrews a realistic combat training environment with emphasis on coalition forces.

"In any future conflict we will fight as a coalition force, and it is important for our allies to come to the premier training environment here at Nellis so we can learn to operate more efficiently together," said Col. Droz.

Aircrews have to train in a realistic and challenging environment to become better aerospace warriors,

said Col. Droz.

Red Flag also puts pilots through their first 10 combat missions, when most losses occur.

"Besides exposure to realistic training environments, the large force employment along with our allies provides the platform for a free exchange of ideas among our participants," said Col. Droz. "We learn from each other and this will help us operate more smoothly in future situations."

Red Flag has taken the Air Force to new levels of training.

Prior to Red Flag exercises, aircrew training was limited to operating on local ranges in a non-hostile environment. Standardized routing, small range areas, target familiarity and lack of anti-aircraft

threats limited realism.

The Red Flag concept, which primarily evolved from experience in the Vietnam conflict, offers pilots, maintenance technicians and aircrews the realism needed to perform well during a real-world situation.

"The aspects of our realistic combat environment are not duplicated anywhere else," said Col. Droz. "We have a true gem with the Nellis Air Force Range Complex and the ability to bring all our forces here to take advantage of training in a realistic atmosphere—training that's crucial to keeping our aerospace warriors ready for the next encounter."

Red Flag's 25th anniversary is Nov. 29. The unit hosts a celebration Nov. 10 and 11.



File photo

## Red Flag's 25th Anniversary

**Red Flag celebrates its 25th anniversary November 10 and 11. Nellis will host a golf tournament at Sunrise Vista Golf Course with a formal dinner to follow. Gen. John Jumper, Air Combat Command commander, is the scheduled guest speaker. For more information, call Lt. Col. Paul Geier at 652-4440.**





# Second enlisted member gets Medal of Honor

**By Tech. Sgt. Chesley Caddell**  
**57th Wing Historian**

This year Airman 1st Class William Pitsenbarger, a recipient of the Air Force Cross, becomes only the second Air Force enlisted member to receive the Medal of Honor since the Air Force became a separate service in 1947.

In April of 1966, near Cam My, Republic of Vietnam, Airman Pitsenbarger sacrificed his life to save nine others. As a pararescueman on a helicopter, he voluntarily coordinated rescue ef-

forts ensuring the rescue went smoothly. However, before all the wounded were picked up, enemy fire hit the helicopter. The pilot made an emergency landing at a nearby airstrip, abandoning rescue attempts.

Airman Pitsenbarger stayed behind on the ground and tended to the wounded. Even though he was continually exposed to intensive hostile fire, he collected weapons from his fallen comrades so remaining members could defend themselves. Even after he was wounded, Airman Pitsenbarger

continued directing the defensive efforts. He was found dead the next morning from a sniper's bullet, with an M-16 in one hand and a medical kit in the other.

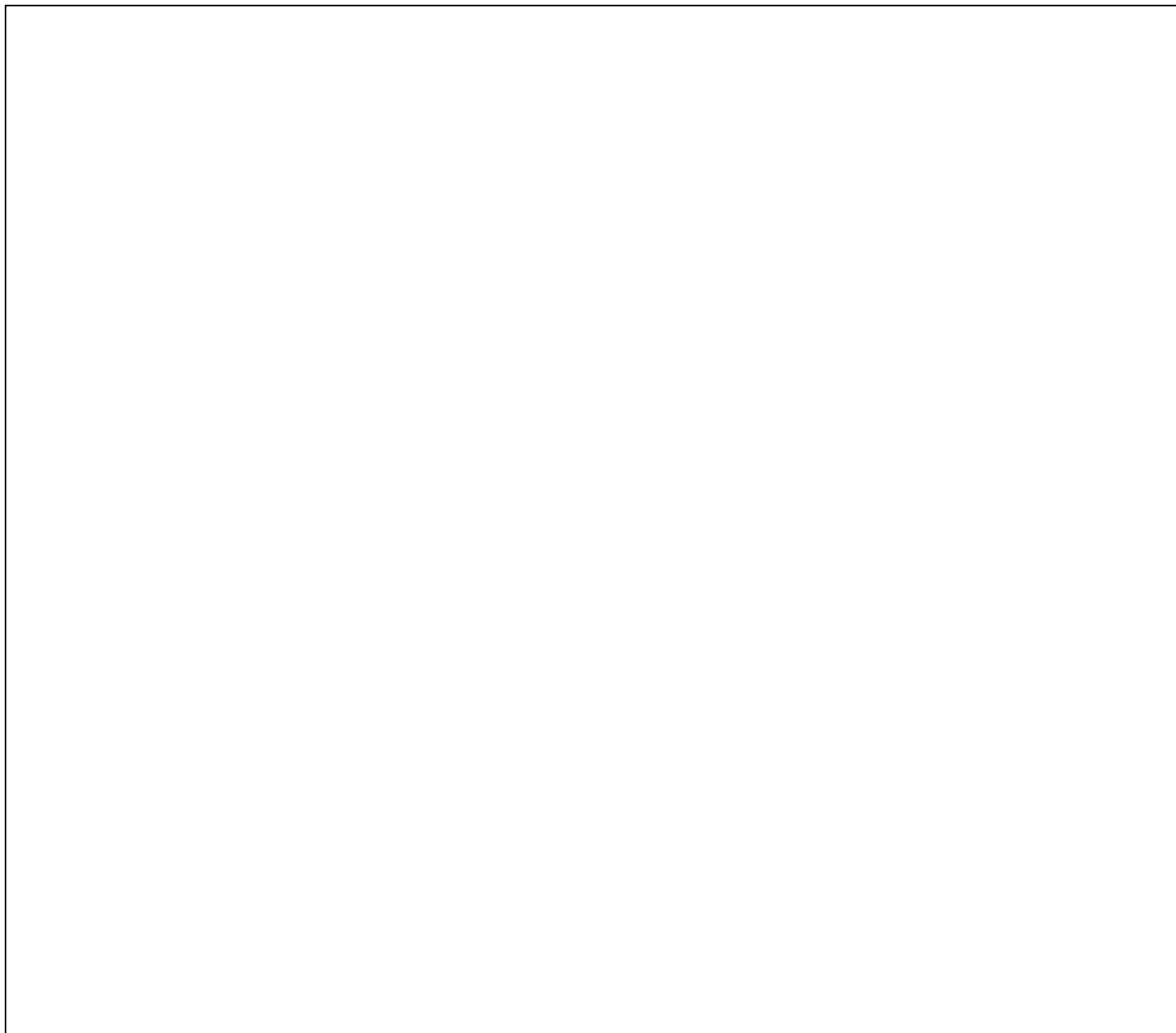
For his sacrifice and heroic action, Airman Pitsenbarger was awarded the Air Force Cross.

To honor his action and memory, the Air Force Sergeant's Association established the William H. Pitsenbarger Award for Heroism. It is awarded annually to recognize heroism among enlisted airmen.

In April 1998, the AFSA began a

project to upgrade Airman Pitsenbarger's Air Force Cross to a Medal of Honor. In early 1999, following a year of research and gathering testimonies, the package was submitted to the Secretary of the Air Force. Recently, Congress released their Joint House and Senate Conference report for the Defense Authorization Bill and it included the approval for the Medal of Honor for Airman Pitsenbarger.

Later this year Airman Pitsenbarger's father will be presented with his son's Medal of Honor.





# Air Force members fly 100th space shuttle mission

PATRICK AIR FORCE BASE, Fla. (AFPN) — When the Space Shuttle Discovery lifted off Oct. 11, there were two Air Force officers at the controls flying NASA's 100th shuttle mission.

Col. Brian Duffy, commander of STS-92, is in charge of the seven-person crew, and Lt. Col. Pam Melroy is assigned as the pilot for the mission. Col. Melroy is the third female pilot in the shuttle program.

The shuttle delivered framework structure to house communications and motion control equipment to the International Space Station now under construction.

Col. Duffy and Col. Melroy were at the controls during four scheduled space walks. Two teams of space walkers and an experienced robot arm operator collaborated to install part of the ISS's backbone.

Although Col. Duffy and Col. Melroy, both Air Force test pilots, are now wearing the NASA blue vs. Air Force blue, they took different routes to shuttle controls.

Col. Duffy, a Boston native, went to the Air Force Academy where he flew for the first time.

"Probably the most important thing I did (at the Academy) was I got a chance to fly in a number of different airplanes, one of them the F-4. To be a 19-year-old at the time in the back seat of an F-4-- a hundred feet off the ground--going 600 miles an hour made me realize that was something I really wanted to do," he said.

After graduation, Col. Duffy went to pilot training and eventually found himself in an F-15 cockpit. He later became an Air Force test pilot, where he flew more than 25 different aircraft before entering the space program. This is Col. Duffy's fourth space mission.

Col. Melroy studied at Wellesley College where she got her commission through ROTC.



File photo

**NASA launches the space shuttle at Cape Canaveral Oct. 11 marking its 100th**

**mission. Two Air Force officers were aboard.**

She received her master's degree at the Massachusetts Institute of Technology. After entering active duty, she went through undergraduate pilot training and, upon graduation, was selected to fly tankers.

"I was born at the right time, and the doors just opened a few years ahead of every step that I made. I was really lucky. When I was in high school, they started letting women fly in the

military," she said.

Eventually, after flying combat missions in operations Just Cause and Desert Storm, Col. Melroy was selected as a test pilot and subsequently flew nearly 50 different aircraft. Then she was selected for the space program. This is Col. Melroy's first space mission. The 100th space shuttle mission is due to return to Earth Sunday.



# Stop domestic violence

**By Ms. Paula Tracy**  
**99th Medical Group**

October is domestic violence prevention month. Specific initiatives are in place at Nellis to work toward the reduction and prevention of domestic violence.

One example is the Integrated Delivery System, a team of representatives from key base agencies that share a common prevention mission.

Working as a team to cooperatively address concerns involving the base population goes a long way to ensure a more coordinated and seamless approach toward prevention including

domestic violence.

Another is the Family Advocacy New Parent Support Program. The NPSP is a home visitation prevention program offered to all active duty military families who have children, newborns to three years old, and/or pregnant spouses. The NPSP focuses on building knowledge and skills new parents need to form healthy relationships and to provide a safe, nurturing environment for families.

Home visitation literature concludes that families receiving such services have fewer reported cases of domestic violence, including child abuse.

## **Consider these facts:**

- \* Domestic violence is the single greatest cause of injury to women—more than car accidents, rapes and muggings combined. (Journal of the American Medical Association)
- \* One third of all surveyed teens revealed they experienced violence in a dating relationship.
- \* Women are seven times more likely than men to be victims of a violent assault from a current or former intimate partner. (U.S. Dept. of Health and Human Services)

The National Defense Authorization Act for FY 2000 required the Department of Defense to establish a Defense Task Force on Domestic Violence. The purpose of the task force is to improve the military's responsiveness and effectiveness in addressing matters relating to domestic violence.

## **The task force has been examining the following:**

- \* Ongoing victims' safety programs
- \* Offender accountability
- \* The climate for effective prevention of domestic violence
- \* Coordination and collaboration among all military organizations
- \* Coordination between military and civilian communities
- \* Standardized training for military commanders
- \* Prevention and intervention responses at overseas military installations
- \* Research priorities
- \* Data collection and case management

For more information contact Family Advocacy at 653-3379/80 or check out the Military Family Resource Center website at [http://mfrc.calib.com/domestic\\_violence/airforce.htm](http://mfrc.calib.com/domestic_violence/airforce.htm).

## **Nellis Retiree Appreciation Day**

**Nellis' annual Military Retiree Appreciation Day is Nov. 4, from 9 a.m. to 3 p.m.**

**Events include:**

**\*Breakfast at the Enlisted Club and lunch at Mountain View Dining Facility**

**\*Flightline and Threat Training Facility tour**

**\*Vehicle registration**

**\*Medical Group activities**

**\*Information fair**

**For more information, call 652-6910.**



# Warrior of the Week

Senior Airman Nina Morales



**Unit:** 99th Civil Engineer Squadron

**Duty Title:** Information Management

**Home Town:** Washington, D.C.

**Time in the Air Force:** 4 years

**Time at Nellis:** 3 years and 8 months

**Hobbies:** Reading, working out and baking

**If I could change one thing about Nellis?** More educational opportunities for airmen on base.

**Most significant Air Force memory:** Spending my 21st birthday deployed with the 66th Rescue Squadron. I had a great time!



Photo by Airman 1st Class Ashley Sorrels



# Haunted house

By Staff Sgt. Jim Bianchi  
AWFC Public Affairs

Would you walk into a dark, musty room, cob-webs hanging everywhere, knowing at any moment something could jump out, dressed like a zombie? Would you scream when those long, bony fingers grab you from the dark shadows and pull you away from the safety of your friends and family?

This Halloween at the Dock you will!

The folks from the 896th Munitions Squadron put together their annual scare-fest. The house is designed, built and run by volunteers from the squadron.

"Each year, for longer than I've been on Nellis, the squadron has put this together," said Staff Sgt. Jerome Clevenger, 896th MUNS. "We

like doing community service as a squadron."

With materials donated by members of the squadron, they built a 12-room house inside the Nellis Boys & Girls Club. "The project was built, inspected for safety, and ready to run in just five days from start to finish," said Sgt. Clevenger.

"Safety is our biggest concern, we don't want anyone to get hurt," he said. "We just want the kids to have fun."

The haunted house opens Oct. 27 and 28 from 6 to 9 p.m. Cost of the spook-fest is \$1 for Nellis Boys & Girls Club members and \$2 for nonmembers. The house is designed for children ages six and up, but younger ones can go through with a brave parent.

All proceeds from the haunted house go to the Nellis Boys & Girls Club.

## Trick-or-treat hours and tips for a safe Halloween

By Maj. Paul Zabbo  
99th Security Forces Squadron

Trick-or-treat hours for Halloween in Nellis Terrace and Manch Manor are from 6 to 8 p.m. Oct. 31.

The key to a fun and safe Halloween is good common sense and plenty of parental supervision. There is no real "trick" to make Halloween a "treat" for the entire family.

Security forces urge motorists to be especially alert on Halloween and offer the following driving tips:

- \* Watch for children walking on roadways, medians, and curbs, but especially darting out from between parked cars.
- \* Carefully enter and exit driveways and parking lots.
- \* Do not wear your mask while driving.
- \* Reduce speed at twilight and dark, always watching for children in costume or dark clothing.

Before children start out on their

"trick-or-treat" rounds, parents should ensure:

- \* An adult supervises the outing for children under age 12.
  - \* Establish a return time.
  - \* Children understand not to eat treats until they are inspected.
  - \* Plan and discuss the route trick-or-treaters intend to follow. Know the names of older children's companions.
- Review all appropriate trick-or-treat safety precautions, including pedestrian/traffic safety rules such as:
- \* Walk, do not run, from house to house.
  - \* Trick-or-treaters should walk on sidewalks, not in the street. If there are no sidewalks, walk on the left side of the road, facing traffic.
  - \* Also, respect the peace and privacy of residents that do not participate in the night's activities. If the porch or exterior front light is out, don't approach the house.

Remember to have a safe and fun Halloween!



# Youth Center holds teen lock-in

**By Tech. Sgt. Gayle Barajas**  
**AWFC Public Affairs**

Video games soaring, balls slamming against the gym floor, sounds of high bass music coming through the ceiling, the smell of tacos and the chatter of young voices gave Nellis' Youth Center life.

Nellis Boys & Girls Club held its annual Air Combat Command Teen Lock-In Oct. 13 at the Youth Center.

Forty-three teens arrived to show their support for the event and participate in the many challenges and games.

Command-wide events included trivia challenges, brain teasers, timed free throws, staff versus youth challenges and skills activities.

The teens spent the night calling other ACC bases to challenge them in various events. They danced and also played pool, video games and basketball.

"Overall, the night was a huge success. The teens, as well as the staff and volunteers, had a great time," said Ms. Cindy Berg, Nellis Boys & Girls Club teen coordinator.

ACC provided T-shirts, playing cards, baseball caps and day planners for the event.

Nellis finds out how they ranked among the other bases when ACC announces the winners of the teen lock-in Oct. 31.

The other bases participating in the pro-

gram included Beale Air Force Base Calif.; Davis Monthan Air Force Base, Ariz.; Langley Air Force Base Va.; Minot Air Force Base N.D.; Moody Air Force Base, Ga.; Offutt Air Force Base, Neb.; and Shaw Air Force Base, N.C. Other ACC bases are staging lock-ins Oct. 20.

Nellis won last year's ACC Teen Lock-In contest and the 2000 Pre-Teen Lock-In.

For more information about this and other programs offered at the Nellis Boys & Girls Club, call 652-9307.



Photos by Tech. Sgt. Gayle Barajas

***Alex Archer plays fozzball during the nine-hour lock-in.***



***Vanessa Lacero and Matthew Valentine play driving video games while Faith Johnson and Jessica Miller look on during the lock-in.***



Eye on Nellis schedule

Daily program schedule for Commander's Access Channel  
Nellis Cable Channel 11

Eye on Nellis: 7 a.m., 11 a.m., 3 p.m. and 7 p.m.  
There is a way: 7:15 a.m., 11:15 a.m., 3:15 p.m. and 7:15 p.m.  
The Fight for the Sky: 7:40 a.m., 11:40 a.m., 3:40 p.m., 7:40 p.m.  
Air Force News: 8 a.m., 12 p.m., 4 p.m. and 8 p.m.  
Army News Watch: 8:30 a.m., 12:30 p.m., 4:30 p.m. and 8:30 p.m.  
Navy/Marine Corps News: 9:30 a.m., 1:30 p.m., 5:30 p.m. and 9:30 p.m.  
Public Service Announcements: 10 a.m., 2 p.m., 6 p.m. and 10 p.m.



File Photo

Attention Nellis volunteers:

You are cordially invited to Nellis' "Oktoberfest" Volunteer Appreciation Luncheon sponsored by the Volunteer Advisory Committee Nov. 9, 11:30 a.m. to 2 p.m. at the Officers' Club. This luncheon is free for all those who volunteer their time on Nellis and their supervisors.

Menu:

Chicken schnitzel, wurst, red cabbage, sauerkraut, german potato salad, brussel sprouts, garden salad, rolls, ice tea/coffee, cake

Please RSVP to your volunteer program managers no later than Nov. 1.

Take a hike: Liberty Bell Arch

Outdoor recreation is sponsoring a seven-mile hike to Liberty Bell Arch, Ariz., Nov. 10. The trip is designed for beginners through advanced hikers. Highlights of the trip include a view of the Colorado River and Hoover Dam. Required gear, as a minimum, should include two to three liters of water, lunch, trail snacks, sunscreen and good hiking boots or sturdy sneakers. Hikers leave Outdoor Recreation at 8 a.m. and return before dark. Cost of the trip is \$10 and includes transportation. The trip is open to all Nellis community members. For more information about this and other outdoor adventures, call 652-8967.



Courtesy Photo



# Massage therapy eases more than just pain

By Ms. Tammy Bjorkquist  
**Massage Therapist**

Almost everyone knows that massage can relieve stress and tension. Some may even know that it can offer relief from mental and physical fatigue. But did you know that it also enhances circulation and skin tone? It can even soften wrinkles and prevent skin blemishes.

Massage in one form or another has existed for hundreds of years. The first mention of massage was over 4,000 years ago and every major culture on the planet has had some form of massage available in its culture for centuries. In the United States Swedish massage, the most common type of massage, was introduced in 1856.

People who work with computers daily might be interested in knowing massage can relieve eyestrain and headaches. If you have problems sleeping, massage can induce deep relaxation to relieve insomnia.

Massage gives people a renewed sense of confidence and control, helping everything go more smoothly.

Most athletes already know massage increases mobility in muscles and joints. It reduces muscle soreness from overexertion and stops spasms. Increased muscle tone and flexibility can also be achieved.

For those with injuries, massage can encourage healing. Pain in the shoulders, neck and back is subdued. Relief is felt from pain in joints and sprains. For those with scar tissue, massage reduces constrictions so traumatized muscle tissue heals.

Both the Sports and Fitness Center and the Health and Wellness Centers offer massages. For an appointment at the Fitness Center call 655-2078 and for the HAWC call 653-3375. Both programs are similar, but the HAWC offers appointments up to 90 minutes.



Photo by Airman 1st Class Ashley Sorrels

**A HAWC massage therapist gives a customer a massage treatment.**



# Nellis intramural football schedule

**Oct. 23**

57th Falcon vs 99th Security Forces Squadron #2	5:30 p.m.
99th Medical Group vs 15th Reconnaissance Squadron	6:30 p.m.
99th Civil Engineer Sqd. vs 57th Equipment Maintenance Sqd.	7:30 p.m.
57th Operations Support Sqd. vs 99th Communications Sqd.	8:30 p.m.

**Oct. 24**

57th Component Repair Squadron vs 99th Services Squadron	5:30 p.m.
99th Transportation Sqd. vs 57th Aircraft Generation Sqd./Viper	6:30 p.m.
66th Rescue Squadron vs 57th Logistic Support Squadron	7:30 p.m.
99th SFS #1 vs 820th Red Horse Squadron	8:30 p.m.

**Oct. 25**

15th RS vs 57th EMS	5:30 p.m.
99th MDG vs 57th OSS	6:30 p.m.
99th CES vs 57th Falcon	7:30 p.m.
11th RS vs 99th COMM	8:30 p.m.



**Oct. 26**

99th Services Squadron vs 820th RH	5:30 p.m.
57th CRS vs 57th AGS Viper	6:30 p.m.
57th LSS vs 99th TRANS	7:30 p.m.
99th SUPS vs 66th RS	8:30 p.m.



Photo by Senior Airman Kenneth Kennemer

## Crud champions

*From left, Capt. Mike Miles, Capt. Debra Blood, Capt. Angela Burth and 2nd Lt. Bryan Biggs, members of the 57th Logistics Group Crud team, pose after winning the base championship tournament Oct. 13. Nellis hosts the Air Combat Command championship tournament Wednesday through Oct. 27. All games are played at the Officers' Club.*



## Nellis News

### **Korean War veterans**

Team Nellis will hold a retreat ceremony and luncheon for Korean War veterans. Korean War veterans should call Senior Airman Kelley McErlane at 249-1544 to ensure they are recognized at upcoming events.

### **Thrift Shop**

The Thrift Shop is open Tuesdays, Thursdays and the first Saturday of the month, 10 a.m. to 1 p.m. for consignments and 10 a.m. to 2 p.m. for sales. The Thrift Shop is accepting Halloween and Christmas items for consignment.

### **Physical Therapy fun run**

Physical Therapy sponsors a 5K run at the base Fitness Center Oct. 31. Participants should gather at the front at 6:30 a.m. For more information, call Master Sgt. Alfred McMurrey at 653-3100.

### **Property sale**

Excess non-appropriated fund furniture and equipment will be sold at Outdoor Recreation Nov. 3., 8 to 11 a.m. Items include desks, tables, chairs and more. Sealed bids will be taken on a 1992 GMC van and a 24-passenger bus, which can be seen at the Auto Skills Center. For more information, call Outdoor Recreation at 652-8967.

### **Football frenzy**

Come to the Officers' Club, Enlisted Club or Time Out Sports Bar & Grill for Football Frenzy 2000. Officers' and Enlisted Club members are eligible to win great prizes all season long, just by watching Monday night football. The frenzy ends Jan. 28, 2001, with a Super Bowl party. Stop by the Time Out during the week to vote on which game the lounge will show on the big-screen each Monday. For more information, call the Officers' club

at 644-2582, the Enlisted club at 652-9733 or the Time Out Sports Bar & Grill at 652-2880. *SatoTravel, Miller Brewing Co., American Airlines, and Pioneer Military Lending sponsor Football Frenzy.*

### **Parents' Day/Night Out**

The Nellis Boys & Girls Club and the Child Development Center have teamed up to give parents a break. For information or to reserve a spot,

call the Nellis Boys & Girls Club at 652-9307.

### **Swap meet**

The Nellis Boys & Girls Club monthly swap meet moves to the Community Center Dock. The next meet is Nov. 4, 8 a.m. to 2 p.m. Cost is \$15 per table, and set-up time is 7 a.m. Call 652-9307 to reserve a space and get a schedule of future swap meets.

## **Power outage in Nellis Terrace**

**A power outage is scheduled Thursday from 8 a.m. to noon to install a new meter. Only newer homes in Nellis Terrace will experience the power outage because they are not supplied by overhead power. For more information, call 652-8447.**



# Nellis Living

**Editor's note: Bullseye submissions are due by noon the Friday prior to publication.**

**Auto Skills  
Center  
652-2284**

## October special

During October, vehicle inspections are \$29.95. All belts, hoses, fluids, brakes and CV boots will be checked and oil changed. Call to schedule an appointment.

**Base Theater  
652-5020**

## Show times

Unless otherwise indicated, all show times are 7 p.m. with Saturday matinees at 1 p.m. To subscribe to the email mailing list, send your requests to angel1m@lvcm.com.

### Today

#### THE ART OF WAR

Wesley Snipes, Anne Archer

### Saturday, Sunday

#### HOLLOW MAN

Kevin Bacon,  
Elisabeth Shue

### Monday

#### GODZILLA 2000

Takehiro Murata,  
Hiroshi Abe

\*\*\*\*\*

**\*\*Theater  
is closed**

**Tuesday and  
Wednesday\*\***

\*\*\*\*\*

**Chapel  
652-2950**

## Weekly schedule:

## Catholic worship

**Mass:** Monday through Friday 11:30 a.m.

**Saturday:** Reconciliation, 4 p.m.; Mass, 5 p.m.

**Sunday:** Mass, 9:45 a.m. and 12:30 p.m.

## Protestant worship

**Sunday:** Gospel service, 8 a.m. Traditional service, 11:15 a.m.

## Classes/Activities

### Religious Education

**Catholic Religious Education classes** for ages 3 through 12th grade is Sundays from 8:20 to 9:30 a.m. and 11 a.m. to 12:10 p.m. For more information, call 652-5953.

**Protestant Religious Education class** is Sundays from 9:35 to 10:50 a.m. For more information, call 652-7950.

**Young Adults** meet 6 to 7:15 p.m., Wednesdays at the Chapel Annex. For more information, call 644-6568.

**Protestant Youth of the Chapel** meet 1:30 p.m. Sundays in the Chapel basement.

**Officers' Christian Fellowship** has three home Bible studies. To find one near you, call 656-8707.

**Men of the Chapel** meet the first and third Tuesdays of each month at 11:30 a.m. in the Chapel basement.

**Protestant Youth of the Chapel** meets Sundays at 1:30 p.m. in the Chapel basement.

**"Lord, I need grace to make it"** is a study on the endless grace of God. Classes are Thursdays through Nov. 16 from 10 a.m. to noon and 7 to 9 p.m. For more information, call 643-5981.

**Widows in the Neighborhood** monthly activities include lunches, local tours and attending performances. For more information, call 459-1324 or 453-4858.

**Bible Study** is Wednesdays at 9:30 a.m. in the Chapel Annex. For more information, call 459-1324 or 453-4858.

**RCIA**, for any adult interested in becoming a Catholic, is Sundays at 1:45 p.m. in the Chapel Annex. For more information, call Mr. Glenn Noehl at 648-1401.

## Choir accompanist

There is still an opening for Gospel Choir accompanist. Bids will be opened on Nov. 2 at 11:30 a.m. in Chapel Annex, rooms 12 and 14.

**Base Library  
652-4484**

## Story time

Children, ages 2 through 6, are invited to attend Preschool Story Time and Crafts Tuesday at 10 a.m. Children will listen to stories and make crafts. The program is free and space is limited. Call or stop by to register. For more information, call Ms. Sherry Fagan at the Library.

**Community  
Center  
652-5014**

## Base Talent Show

Singers, dancers, musicians, stage technicians and more are needed for the base talent show Nov. 17. Active-duty members may go on to compete at command and Air Force levels and have the chance to be in "Tops In Blue." Sign up now.

## Talent contest

Everyone is invited to enjoy an evening of free entertainment and cheer on co-workers and neighbors at the Family and Teen Talent Contest Nov. 3, 7 p.m., at the Community Center Dock. Winners will be videotaped and submitted to Air Force competition. Winners will receive certificates of achievement and U.S. Savings Bonds. Volunteers are needed to help with lighting, audio and props. Anyone interested should contact the Community Center.

**Enlisted Club  
652-9307**

## Dining discount

The club is rewarding its members with a surprise discount during October. All evening dining room guests receive a surprise discount with each meal. All lunch guests are entered in a drawing for one surprise discount each day. Membership applications are available. Call for information.

**Family Support  
Center  
652-3327**

## Ready, Set Grow

Parents of children between the ages of 3 and 36 months are invited to this class. Join other parents to reinforce parenting skills and learn new ones Oct. 30 from 10 to 11 a.m. Come to this program and bring the little one to interact with other children.

## 'Fiscally' fit

Want to start or add to a savings or investment plan? Find money for those little "extras?" Wipe out debt? Come to In and Out Budget class Mondays from 2 to 5:30 p.m. Bring LES or other pay statements, receipts, checkbook, bills and a calculator. Get help compiling the numbers and completing the financial readiness forms. Then sign up for a free financial "check-up" to set up a personal "fiscal" fitness plan.

**Halloween Briefs  
652-2880**

## Time Out

A pre-Halloween party for adults will be held at the Time Out, Oct. 27, from 6 to 11 p.m. There will be food and beverage specials and lots of giveaways. Prizes will be awarded for best costume.

## Community Center

A haunted house, sponsored by 896th Munitions Squad-

ron, opens Oct. 27 and 28 from 6 to 9 p.m. at the Community Center Dock. This fund-raiser for Nellis youth costs \$1 for members and \$2 for nonmembers. This event is geared for children ages 6 and up. However, children 5 and under are welcome to attend with parental approval. A costume contest will be held at the Nellis Boys & Girls Club Oct. 31 at 5 p.m. Prizes will be awarded for the funniest, scariest and cutest costumes.

## Club news

All ranks are invited to the children's Halloween party at the Officers' club, Oct. 29, from 10 a.m. to 1 p.m. Cost of \$4.95 includes kiddie buffet. Children under 2 admitted free. There will be games, prizes for best costume, trick-or-treating and more. The Enlisted club's haunted house is Oct. 30 from 5 to 7 p.m. and Oct. 31 from 4 to 6 p.m. Entrance is free for club members and \$1 for nonmembers. Each child receives a bag of treats. Parental discretion is advised.

## Costume party

Children ages 1 through 6 are invited to the Library for fun, games and treats Oct. 31 at 3 p.m. Call to sign up.

**HAWC  
653-3376**

## Breast exams

Screenings are scheduled for Oct. 27 from 11 a.m. to 2 p.m. Breast exams, information and mammogram referrals are available for eligible beneficiaries. For more information, call 653-3376.

## Cholesterol

Do you know what your cholesterol number is? A number greater than 200 could mean you are at risk for heart disease. Take the time to see if you are at risk. For more information contact the HAWC at 653-3376.